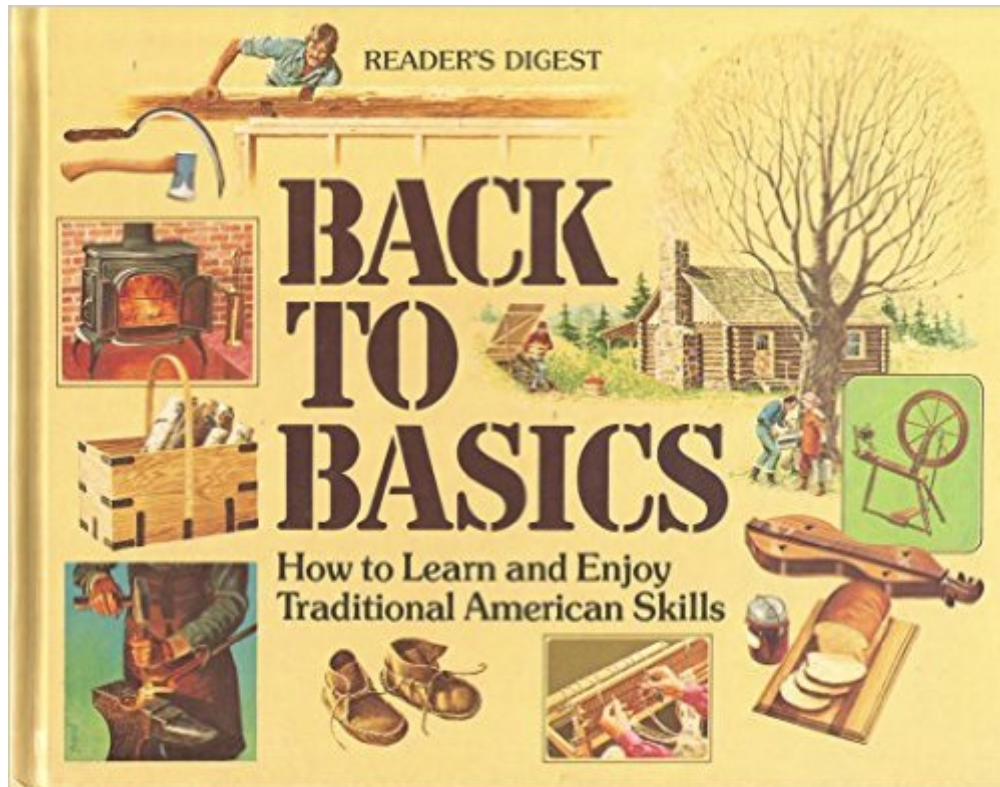


The book was found

# Back To Basics: How To Learn And Enjoy Traditional American Skills



## Synopsis

This Reader's Digest "BACK TO BASICS" handy book is a how-to, user-friendly guide that teaches self-sufficiency covering all of life's essentials: shelter; alternative energy sources; growing and preserving food; home crafts; directions for making herbal remedies; and even home-grown entertainment. [goodreads]

## Book Information

Hardcover: 456 pages

Publisher: Readers Digest; First Edition edition (July 1, 1981)

Language: English

ISBN-10: 0895770865

ISBN-13: 978-0895770868

Product Dimensions: 10.9 x 1 x 8.7 inches

Shipping Weight: 3.1 pounds

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (255 customer reviews)

Best Sellers Rank: #21,310 in Books (See Top 100 in Books) #20 inÂ Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Do-It-Yourself #25 inÂ Books > Crafts, Hobbies & Home > Crafts & Hobbies > Reference #1408 inÂ Books > Parenting & Relationships

## Customer Reviews

I am a survivalist by nature and always am looking for ways to prep myself for the worst. Even though I know a lot it is always good to have a reference around just in case you forget something. This book can give you all that you need for survival in North America and many other locations with little effort, great detail, and lots of pictures for easy to understand explanations. This is an older book that was recommended to me by another mountain man here on .com rather than some of the other self-sufficiency books. I found all the information here to be well documented and referenced and most importantly VERY accurate. Though this book is certainly no field guide (you can't stick in easily in your pocket) it is also VERY thorough. I would also recommend as a companion that you get the SAS survival guide only because that does fit in your pocket and was written by a well-known former British Special Ops member. Many of the books you will see hear will try to tout all the pictures they have, the wide variety of topics they cover, or some other third thing but none of them will tell you the overall quality of the knowledge provided. Some are better than others such as The Guide to Self-Sufficiency published by DK Books but all of them seem to be lacking short

concise answers and explanations. Others just ramble and others worse yet have irrelevant information. The chapters of this book are as follows:1) Land: Different types of homes that can be built, how to prepare/cut wood, use building tools/supplies, preparing land for a home, etc.2) Energy Sources: This explains how to use the natural world for a variety of tasks from grinding grain (water wheel) to using the sun and or earth for natural and continuous heating and cooling.

[Download to continue reading...](#)

Back to Basics: How to Learn and Enjoy Traditional American Skills Leadership: Management Skills, Social Skills, Communication Skills - All The Skills You'll Need (Conversation Skills,Effective Communication,Emotional ... Skills,Charisma Book 1) The Complete Guide to Building Classic Barns, Fences, Storage Sheds, Animal Pens, Outbuildings, Greenhouses, Farm Equipment, & Tools: A Step-by-Step ... (Back-To-Basics) (Back to Basics: Building) Back to Basics: A Complete Guide to Traditional Skills, Third Edition Communication Skills: 101 Tips for Effective Communication Skills (Communication Skills, Master Your Communication, Talk To Anyone With Confidence, Leadership, Social Skills) Applications of Traditional and Semi-Traditional Hypnotism. Non-Traditional Hypnotism, Volume 2, The Practice of Hypnotism Learn Spanish Step by Step: Spanish Language Practical Guide for Beginners (Learn Spanish, Learn German, Learn French, Learn Italian) Learn French Step by Step: French Language Practical Guide for Beginners (Learn French, Learn Spanish, Learn Italian, Learn German) Cycles! Learn About Cycles and Enjoy Colorful Pictures - Look and Learn! (50+ Photos of Cycles) The Back to Basics Handbook: A Guide to Buying and Working Land, Raising Livestock, Enjoying Your Harvest, Household Skills and Crafts, and More (The Handbook Series) How to Be a Good Leader: The Ultimate Guide to Developing the Managerial Skills, Teamwork Skills, and Good Communication Skills of an Effective Leader Social Skills - Social Fluency: Genuine Social Habits to Work a Room, Own a Conversation, and be Instantly Likeable...Even Introverts! (Communication Skills, Small Talk, People Skills Mastery) Leadership: Become A Super Leader - Management, Management Skills, Communication & Coaching (Business Skills, Influence, Persuasion, Body Language, Leadership Skills, Emotional Intelligence) Gardening Lab for Kids: 52 Fun Experiments to Learn, Grow, Harvest, Make, Play, and Enjoy Your Garden (Lab Series) How to Code 2.0: Pushing Your Skills Further with Python: Learn how to code with Python & Pygame in 10 easy lessons (Super Skills) Traditional Clothing of the Native Americans: With Patterns and Ideas for Making Authentic Traditional Clothing, Making Modern Buckskin Clothing and a Section on Tanning Buckskins and Furs The Practice of Hypnotism, Vol. 1: Traditional and Semi-Traditional Techniques and Phenomenology Easy Traditional Duets for Trumpet and Trombone: 32 traditional melodies from around the world

arranged especially for beginner trumpet and trombone players. All are in easy keys. Easy  
Traditional Duets for Descant (Soprano) and Treble (Alto) Recorders: 28 traditional melodies from  
around the world arranged especially for decant ... with the easiest. All are in easy keys. Easy  
Traditional Duets for Two Flutes: 28 traditional melodies from around the world arranged especially  
for two equal beginner flute players. All are in easy keys.

[Dmca](#)